

BURN THE PATRIARCHY - RITUAL

THE HOW

Don't worry if you're new to hex work or even new to magick, I'm going to make this really easy. The most powerful magick comes from focus and intention. You don't need anything other than a clear and powerful intention in order to contribute to this working. Because we are all working in community through the mycelium of energy we are all intrinsically part of and that has been actively and intentionally awoken through this collective work, even if all you do is hold in your mind the hope to be part of redressing the balance of justice, you will be.

Read through the following rituals and decide at which point stage you want to be a part of:

You will need two candles; Black and Red.

We are using Black to represent the subject of the hex because black absorbs all energy and we are using the candle to represent the pulling in, absorption and gathering up of ALL of the energy (in their case the evil, cruelty, violence and oppression) these people have put into the world, not because black =bad. And red symbolises vital power that we are taking back. Black and red are the colours of Lilith.

A mirror: you can either use a cheap mirror that you throw away at the end of the spell (my preference and certainly the easiest) or a mirror that you will re-use after thorough energetic cleansing. We use the mirror to reflect back ALL of the energy.

Something to write on (paper,pen) or something to scratch into the candle with. I use a propeller pencil with the lead snapped off. We are going to be scratching the names of the subject of our hex onto the candle, and our own name and date of birth on the other.

Optional add ons:

Magick oil. If you use magick oil in your practice, use: Bend Over, Master oil, War water/ oil, anything that aligns with our intention for one of the candles, and protection oil for the other..

Hot sauce / chilli powder/ dried chilli : dust the candle used to symbolise the subject with these 'hot' energies to increase pain, heat and urgency

and build power. You might want to use disposable or washable gloves when handling or using these.

Dried or fresh lavender for the candle representing yourself.

Sea or Rock salt

Nails / coffin nails (buy from etsy or ebay unused not used ones unless you already have a practice of working with The Dead and know where your nails come from etc) If in doubt buy brand new coffin nails.) Thorns from roses/ bushes anything sharp. Shards of glass (but be really careful I used to use glass a lot but cut myself a few more times that I enjoyed so now stick to nails)

Have everything you will use ready and in front of you so you don't need to leave the circle.

Method:

- 1) **Cast a circle** - you can do this with your finger and intention. Literally trace out a large circle large enough for you to sit /stand in and have all your materials inside it. Build a sense of power with your hands / body/mind and then carve the circle out with that built up energy. Some find it easiest to visualise, whatever way you do, just **intend to create a circle that keeps out anything that's not in support of you and your work**. You might like to use sea or rock salt to create a material circle as well.
- 2) **Call in your well and healed ancestors, your spiritual guides of the highest truth and integrity**, as well as any other beings of vengeance, power and justice to help you with this work. Depending on your personal magickal practice/ spirit team, now is the time to invoke. Remember: a good rule of thumb for drawing from sources of power should go in this order: Self, Ancestors (well and healed), Spirits of the land, Community
- 3) Build up a **POWERFUL RAGE AND FURY**. Listen to a playlist that helps you get into this ([heres one of mine](#)). You might prefer to listen to something that doesn't fill you with rage but is instead calm and soothing - that's not the way I most

effectively build power but the point is to access your own power so do whatever you need.

- 4) Feel the deep rage and demand for justice in your body. Allow it to build. Wail, cry, screams, sob, anything you feel.
UNLEASH THE POWER
- 5) **Carve the name of the subject/s onto the subject candle** (the people you are hexing) or if you want to write a long list write it on paper which you will place underneath the candle.
- 6) While in that state, channel that power, fuelled by your ancestors, spiritual allies and protectors into your hands and fill the candle representing the subject with that energy.
- 7) Dress the candle if using oil / powders / stick in the nails/ thorns. If you're using gloves, put them on here. Stick these into the candle with fury, passion and a sense of giving back what was given out. If you're wearing gloves for the hot ingredients, remove them.
- 8) **Place the black candle on the mirror.** If you've written names on a piece of paper, place that under the candle. Affix the candle to the mirror directly by melting the base, or use a candle holder. Avoid seeing yourself in the mirror.
- 9) **Before you light the candle, connect to the infinite mycelium of people also doing this work today throughout the world. Repeat your intention. Feel the power. Light the candle.** As we burn the candle we are transforming that energy from solid wax to ether. Allow the rage to subside as the flame takes over the work.
- 10) **Clap your hands loudly to dislodge any energy remaining on them, before we move onto attending to the other candle.** I usually do 3 loud claps.
- 11) Now attend to the candle that represents you:
Carve your own name and date of birth onto the other candle. Circle it with sea or rock salt if you have it, and dress the candle in protection oil or lavender oil. Dust in lavender or rose petals if using. The point of this is to protect yourself from

anything that might detract from your expansion power and wellbeing.

- 12) **Without touching the subject candle, pick up the candle prepresting you and light it from the flame of the already burning subject candle. This is the beginning of you taking back your power.**
- 13) **As the two candles burn, feel any and all energy, power that had been stolen from you, return to you.** You might find this a deeply emotional experience. Cry, scream, sob, laugh, smile, dance, anything. It is done.
- 14) **Discard the mirror, any remaining candle wax /nails etc but wrapping it up and throwing it in the rubbish.**
- 15) If you want to reuse the candle holder of mirror remove them and cleanse thoroughly using fumigation and seasalt.

NOTES:

This magickal ritual is carefully constructed. Please attend to the bits in bold as vitally important. This is energetic hygiene. You can engage in as much or as little of this as you wish and as feels good for you, bearing in mind that if you open energy up, you need to also shut it down, so make sure to follow the basic instructions to the letter.

We're not looking to feel comfortable here - nothing about this is comfortable -but instead to feel powerful, so if it feels powerful to you to simply light a candle and visualise your power returning to you, by all means leave it at that, but know that the more involved the ritual, the more impact it has on our own energy and the universe.

Social media use the #burnrapeculture POST AS MUCH AS YOU CAN share this page, spread the word, the more people who see this the more power is built.

Magic is real. Feel it for yourself.